

Philanthropy Portfolio: A Catalyst for Change



EMMSInternational
Health for Today, Hope for Tomorrow

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WELCOME

We are deeply grateful for your interest in our work. Persistent inequality across the world means that people living in poverty often lack access to the healthcare that many of us take for granted. In some cases, their healthcare systems fall far below basic standards. The work of EMMS International has never been more needed.

As Scotland's longest-serving international healthcare charity, EMMS has a proud history of serving communities in the most impoverished and hard-to-reach areas. Through repeat funding from the UK Government and the continued generosity of our philanthropists and supporters, we are recognized as a leading international healthcare charity.

For over 180 years, we have been improving healthcare outcomes and developing local infrastructure in resource-poor communities, where basic healthcare is often non-existent. Our work today is as progressive, visionary and sustainable as ever, working jointly with our in-country partners.

EMMS International is committed to the UN's Universal Principle of Leave No One Behind and the Sustainable Development Goals. We focus on improving services for the hardest-to-reach palliative care families, supporting vulnerable women into healthcare careers, enhancing emergency healthcare, and helping health facilities combat the impact of the climate crisis.

Our supporters are catalysts and problem-solvers who are driven to make a difference. Their support allows EMMS International to develop healthcare systems in underserved communities. Together, we commit to making healthcare accessible to all, regardless of social class, ethnicity, religion or wealth.

We work closely with donors who make significant contributions, to understand their motivations and passions. This portfolio is an introduction, and we look forward to continuing the conversation.

Dr Cathy Ratcliff
CEO, EMMS International

A handwritten signature in blue ink that reads "Cathy Ratcliff".

Picture: Palliative care visit to a home in Nkhoma, Malawi



A PARTNER YOU CAN TRUST

Your trust is important. With over 180 years of experience and a clear vision for the future, EMMS International is an organisation you can trust to achieve your philanthropic goals.

FIT FOR TODAY'S CHALLENGES

While much has changed since our early work, our values remain steadfast. Through collaboration with our partners in the countries where we work, and our funders, EMMS International ensures a sustainable approach to international development. Aligned with the UN's Sustainable Development Goals, we use our experience and expertise to address the effects of climate change, empower vulnerable women in healthcare, reach the most marginalized, and respond to global health injustices.

You can be confident in partnering with EMMS International because we have:

- The ability to create well designed international development health programmes tailored to the communities we work with and aligned to the motivations and interests of our donors.
- Regular progress reporting to keep you informed.
- A proven approach to developing and managing international healthcare development.
- Strong financial, governance and risk management procedures, including fraud prevention.
- A small, experienced staff team, ensuring maximum value for money.
- Robust safeguarding guidelines covering everyone involved in project delivery and management, including regular reporting and thorough follow-up.
- Quality monitoring, evaluation, learning and communication measures in place.



Bringing
health and
hope since
1841

ARE PHILANTHROPISTS CATALYSTS?

We view our supporters as catalysts. Without their generosity, making a difference and lasting impact would not be possible. Catalytic philanthropy is a strategic approach to giving, which creates significant, long-lasting impact by addressing critical social challenges often overlooked by traditional markets and governments.

At EMMS International, we see catalytic philanthropy as a powerful force for good, capable of driving change where other systems fall short. This approach goes beyond conventional philanthropy, which typically focuses on immediate relief or supporting established programmes. Instead, catalytic philanthropy tackles the root causes of problems and creates sustainable solutions.

Catalytic philanthropy involves taking calculated risks and making strategic investments to initiate change, especially in areas with little or no market incentive to act. This approach can unlock opportunities for innovation and development, benefiting those most in need, particularly in underserved communities.

It works by identifying gaps where existing institutions—whether markets, governments, or other organisations—are unable or unwilling to invest. By stepping into these gaps, we can seed new ideas, support pioneering research, and develop solutions with the potential to scale and transform lives.

At EMMS International, we believe catalytic philanthropy is not just about funding projects; it's about being a catalyst for broader systemic change. By carefully targeting our resources and collaborating with partners, we create a ripple effect—where initial investments lead to larger-scale impact, ultimately improving health outcomes and quality of life for people in the communities we serve.

This approach aligns with our mission to address health inequalities and improve access to healthcare for the most vulnerable. Through catalytic philanthropy, we drive innovation, foster collaboration, and create lasting change, ensuring our efforts contribute to a healthier, more equitable world.



**91p in every
£1 donated
goes directly to
delivering projects.**

(From our 23/24 audited accounts.)

NON-COMMUNICABLE DISEASES

Too many people die without dignity, or live with chronic and long-term conditions unrelieved by holistic palliative care which brings dignity and relief. EMMS International specialises in developing high quality holistic palliative care services in resource-poor settings.

Our significant experience has strengthened palliative care services in Malawi, Nepal, India, Zambia, Scotland and soon Rwanda. Our funding determines the extent to which these services can be enhanced. Thanks to UK Government grants, we have delivered extensive three-year programmes with our partners in Malawi and Nepal.

In rural parts of resource-poor countries, where healthcare is inaccessible, cancer diagnoses are often made late or not at all, making each case devastating. The cost of travelling for tests and often futile treatment can result in crippling debt for families.

EMMS International has worked with our partners to develop specialist services, improve access to essential medicines, especially appropriate pain management, establish degree-level training programmes, develop palliative care in hard-to-reach places, and collaborate with governments to ensure palliative care is recognised as a healthcare priority.

The quality and effectiveness of this work have been recognized by the UK government, which is currently funding its third partnership with EMMS International to improve palliative care.

We welcome conversations about developing care services for those challenged by poverty and how you can become a catalyst for change.

Picture: Nurse Annie, a palliative care specialist in Malawi



EMMS International is recognised as Scotland's most established international healthcare charity. We will work with you to ensure your gift is used in the manner in which it was intended, with a lasting and meaningful impact.

HEALTH EMERGENCY RESPONSE

Global crises, whether caused by pandemics, the climate emergency or conflict, disproportionately affect communities challenged by poverty. Limited access to healthcare, poor nutrition, educational inequalities and unsafe living conditions leave individuals and families at grave risk.

When extreme weather events, natural disasters or disease outbreaks occur, EMMS International is well-positioned to respond, thanks to our extensive network of in-country partners.

Addressing these disparities requires targeted interventions and policies that focus on building resilience, improving infrastructure, and ensuring equitable access to resources and support systems for the most vulnerable. When disaster strikes, EMMS International moves quickly to provide help where it's most needed.

In recent years, EMMS has responded to:

- **Cyclone Freddy and the Worst Recorded Cholera Outbreak in Malawi:** We installed, repaired or improved water, hygiene and sanitation systems.
- **Two Powerful Earthquakes in Nepal:** EMMS supported marginalised communities displaced and left without necessities or healthcare.
- **The COVID-19 Pandemic in India and Malawi:** EMMS provided oxygen cylinders and PPE where supplies were insufficient.

Experience tells us that health emergencies occur almost annually. Being prepared, maintaining systems and relationships with overseas partners, and the agility and expertise of the EMMS International team ensure that our emergency assistance is both accountable and cost-effective.

Picture: 26-year-old Dilli receives urgent supplies and support for his visual impairment following an earthquake in West Rukum, Nepal.



We have helped more than one million people in the last nine years.

SUSTAINABLE HEALTHCARE

EMMS International and its partners are committed to improving the quality, accessibility, sustainability and environmental impact of healthcare facilities and infrastructure.

So far, we've installed solar power in four large partner hospitals in Malawi and India. Each hospital faced unique challenges, but together we found solutions for clean energy, reliable power supplies and reduced energy bills. By broadening our scope and sharing knowledge with other NGOs and agencies, we're making a lasting difference.

For example:

- **Kachhwa Hospital, Uttar Pradesh, India:** With EMMS International's help, the hospital installed an off-grid solar power plant, eliminating the worry of long power outages. Now, the hospital is working towards installing solar streetlamps around its campus.
- **Jiwan Jyoti Hospital, Uttar Pradesh, India:** Our most recent programme to install solar power with our partners is estimated to cut yearly grid electricity use by 75%, reducing environmental impact and saving on energy costs.
- **Mulanje Mission Hospital, Malawi:** With EMMS International's support, the hospital renovated its solar power system, integrating grid electricity, solar-generated electricity and battery backup. The hospital's electricity bills have been reduced by 61%, allowing staff to focus on patient care with reliable power.

Picture: Solar power renovation at Mulanje Mission Hospital, Malawi.




GLOBAL HEALTHCARE WORKFORCE

The global healthcare crisis demands bold and urgent action. EMMS International programmes aim to develop the healthcare workforce in India, Malawi, Nepal and Zambia, reaching resource-poor communities to empower vulnerable women and girls while supporting a sustainable workforce solution for local health facilities. For example:

- **Healthcare Career Pathways:** By 2028, EMMS International aims to boost and develop the healthcare workforce across Malawi, Nepal and India by providing access to the pathway to 300 potential healthcare professionals. Learning from operating small-scale scholarship schemes has shown EMMS that scholarship access alone is not always enough. Young girls can be forced to marry as young as twelve. With poor healthcare already a reality, pregnancy and childbirth expose them to unnecessary risk when quality maternity care isn't available. Females are also often forced to leave work and education to care for relatives, meaning their and their families' poverty becomes further entrenched. EMMS has developed the Healthcare Career Pathways to increase successful outcomes for the most disenfranchised women and girls. The process identifies barriers – in educational attainment, gender inequality, cultural practices, economic disparities – and seeks to overcome these by providing a range of supportive measures to encourage vulnerable women and girls to continue in further education. This can include access to English language training, course fees, and essentials such as books, learning tools, accommodation and food, throughout their studies. We have even added our first PhD student to Healthcare Career Pathways, in Zambia.
- **College of Nursing and Halls of Residence, The Duncan Hospital, Bihar:** Construction of a new College of Nursing and Halls of Residence to train the next generation of healthcare workers and increase income generation for The Duncan Hospital.

Picture: Antenatal clinic at The Duncan Hospital, Bihar, India.



5,181 health workers trained in the last nine years.

PROGRAMME PORTFOLIO

EMMS International collaborates with our partners, funders and philanthropists to design and deliver sustainable healthcare programmes. Our experienced Programmes team, alongside our in-country partners and funders, plays a crucial role in creating and implementing these impactful initiatives. We are eager to discuss how we can work together to create high-quality programmes that deliver lasting change.

Our current programmes seeking funding include:

Picture: TB community volunteers in Mulanje District, Malawi.

DRIVING A SUSTAINABLE FUTURE IN HEALTHCARE FACILITIES

“For many years, we have struggled with power cuts, which can have a devastating effect on our ability to provide quality care. Imagine crucial life support systems running out of power due to an erratic power supply. Installing solar has not only stabilised our energy supply but also decreased costs, allowing us to redirect funds towards patient care.”

— Dr Prabhu, Medical Director, The Duncan Hospital, Bihar, India.

Installing solar energy systems in hospitals significantly improves energy reliability, reduces costs, and supports global efforts to combat the climate crisis. EMMS International is committed to revolutionising energy supply in resource-poor hospital settings. After successful solar installations at four hospitals in Malawi and India, we aim to extend this initiative to additional partner hospitals.

We are seeking funding to cover project management and installation costs:

For further information or to get involved, contact: Laura Brown, Director of Development and Communications on 0131 313 3828 or laura.brown@emms.org.

INDIA	BEDS	SOLAR CAPACITY (kWp)	ESTIMATED COST
Assam	70	38	£135,000
Uttarakhand	120	65	£213,000
Bihar	100	54	£181,000
Uttar Pradesh	35	19	£81,000
Madhya Pradesh	120	65	£213,000
Maharashtra	50	27	£104,000
NEPAL			
Gandaki	100	54	£181,000
Lumbini	50	27	£104,000
Karnali	100	54	£181,000
Gandaki	50	27	£104,000

THE DUNCAN AND BEYOND: INSPIRING FUTURES

Nearly a century ago, The Duncan Hospital was established in the underserved community of Raxaul, Bihar, by visionary Scottish surgeon Dr. Cecil Duncan. Since then, the hospital has been a beacon of hope and healing, transforming lives in one of India's most resource-poor regions. Today, in partnership with EMMS International, the hospital is embarking on a bold new chapter: The Duncan Centenary Vision, a multi-phase initiative to drive financial, economic and healthcare sustainability.

Picture: Maternity Unit at The Duncan Hospital, Bihar, India.

Phase One of this £4M transformative programme is already underway and fully funded, with the construction of a new College of Nursing and Halls of Residence, installation of solar power, and the creation of healthcare career pathways for thirty two local women and girls. Scheduled for completion in 2026, these facilities will help train and retain future generations of healthcare professionals, ensuring a strong and skilled workforce to serve local communities for years to come.

But we're not stopping there.

Phase Two, Duncan Futures and Beyond, takes this vision even further. By extending our support to additional hospitals, we're creating skilled employment opportunities in healthcare for local communities and empowering vulnerable women and girls to achieve economic independence. At The Duncan Hospital itself, we're further enhancing its infrastructure to provide an inspiring place for staff to work and patients to receive care.

Inspiring Futures is a £3.4 million investment that aims to revolutionise healthcare delivery. This ambitious programme will include the construction of a state-of-the-art Outpatient Department and a Museum at The Duncan Hospital—serving as a tribute to its legacy and a symbol of its future. Simultaneously, we're identifying, mentoring, and supporting academically talented but vulnerable women and girls in an additional eight communities across other states, nurturing the next generation of female health professionals who will inspire change in their own right.

Together, we are not only building a brighter future for The Duncan Hospital but also lighting the way for sustainable development and empowered communities across resource-poor states in India.

For further information or to get involved, contact: Laura Brown, Director of Development and Communications on 0131 313 3828 or laura.brown@emms.org.

Fundraising Target: £3.430,280

Funds Pledged: £3,100,000

Funds to Raise: £330,280



Andriya comes from a small town in Raxaul where child marriage is a common practice. This seemed to be the only option for her, as the breadwinner for her family. But Andriya joined EMMS International's Healthcare Career Pathways to train to become an Auxiliary Nurse Midwife and she now works at The Duncan Hospital and lives with a hope for her future.

"Andriya is a light in her community today and many young women are following her footsteps and daring to dream big." — Dr Vandana Kanth, Project Leader

GLOBAL HEALTHCARE WORKFORCE



"If it wasn't for EMMS International, I wouldn't be where I am today. You helped me when I needed it most. I was hopeless, as my parents couldn't afford to support my studies. EMMS treated me like their own daughter, providing everything I needed."

— Comfort, BSc Paediatric Nurse.

CREATING A HEALTHCARE CAREER PATHWAY

The EMMS International Healthcare Career Pathway is an innovative project aimed at addressing the acute shortage of health workers in Malawi, India and Nepal. This programme focuses on developing the healthcare workforce across various professions, from auxiliary nurses and lab technicians to doctors and senior leaders.

Unlike traditional scholarship schemes, the Healthcare Career Pathway addresses barriers to education by providing comprehensive support, including pre-course tuition, mentorship and a guaranteed job at the end. It ensures that marginalised girls not only embark on and complete their studies but also have guaranteed employment through our partner hospital which is closest to their home.

For further information or to get involved, contact: Laura Brown, Director of Development and Communications on 0131 313 3828 or laura.brown@emms.org.

Funding requirements for all three countries:

YEAR	TOTAL COST	STUDENTS SUPPORTED
2024-25	£183,258	85
2025-26	£224,788	78
2026-27	£176,320	66
2027-28	£120,343	65

For funding requirements for specific countries, please ask for more information.

Picture: Clinical Officers from EMMS International's Healthcare Career Pathways graduating from university in Malawi.

NON-COMMUNICABLE DISEASES



In resource-poor countries, where healthcare is inaccessible, diagnoses of non-communicable diseases, such as cancer, are often made late or not at all, making each case devastating. The cost of travelling for tests and often futile treatment can add up to a crippling debt for families. EMMS International has established itself as an expert in palliative care. It has seen specialist services developed, improved access to essential medicines, established degree-level training programmes and worked with governments to ensure palliative care is a recognised healthcare priority.

Picture: Home care visit near Pokhara, Nepal.

NEPAL

EMMS International's UK Aid Match 'Sunita' programme has trained 797 health staff, 6,540 community members and 409 Female Community Health Volunteers to care for patients who are living with a non-communicable disease. This means that patients' children aren't forced to miss school and families aren't pushed further into poverty. The costs for the Green Pastures Hospital Palliative Care Services are as follows:

Green Pastures Hospital Palliative Care Services

April 2025 - July 2025	£3,882
July 2025 - July 2026	£48,951
July 2026 - July 2027	£42,582
July 2027 - July 2028	£22,677
July 2028 - July 2029	£16,275
Total	£134,307

For further information or to get involved, contact: Laura Brown, Director of Development and Communications on 0131 313 3828 or laura.brown@emms.org.



Picture: 25-year-old Aaditya, with his father, at the Palliative Care Unit at Green Pastures Hospital in Pokhara.

MALAWI AND RWANDA

Our Non-Communicable Disease Programme in Malawi and Rwanda focuses on the improved quality of life of patients, their families and carers, who face physical, psychological, social or spiritual challenges associated with life-limiting illness.

In **Malawi** we will expand access to palliative care to 3,846 patients in six districts in Northern and Central Regions. To achieve this, we will train 32 nurses and clinicians, provide mentoring and supervision to them and 24 previously trained staff, and orientate 320 healthcare workers from 16 government health facilities.

In **Rwanda** we will expand access to palliative care to 361 patients, of which 61 patients will be children. We will train 488 nurses, clinicians and healthcare workers across 86 healthcare institutions and 52 community-level healthcare workers in Kicukiro, Gasabo and Nyarugenge districts (Kigali Capital Province) and Gicumbi district (Northern Province.)

For further information or to get involved, contact: Laura Brown, Director of Development and Communications on 0131 313 3828 or laura.brown@emms.org.

Total Cost: £67,100

Funds Pledged: £55,000

Funds to Raise: £12,100



Picture: Steve Tsitsi, Palliative Care Nurse at Utale Health Centre in Balaka, Malawi.

SCOTLAND

"I've been looking after my wife at home who has had dementia for 4 years now. Since the cost-of-living crisis, it's been really hard to get any extra help to look after her. It's great knowing we have somewhere to go for lunch and stops me feeling so isolated at home."

— John, Edinburgh

The Dementia Health and Wellbeing Programme in Edinburgh aims to support people affected by dementia experiencing financial hardship. The project includes:

- **Gardening and Exercise Workshops** which promote physical and mental health, improve coordination and mood, and reduce cognitive decline.
- **Community Lunch Club** which helps to address malnutrition and food poverty by providing nutritious meals in a supportive environment.
- **The Living Room: Dementia Café** offers a warm, informal space for social interaction, reducing isolation for patients and carers.
- **The Singing Group** enhances memory, mood, and social interaction through group singing, especially for those with mild dementia.

These initiatives aim to improve the overall wellbeing of dementia patients by providing vital social care and lifestyle support that goes beyond what the NHS offers

For further information or to get involved, contact: Laura Brown, Director of Development and Communications on 0131 313 3828 or laura.brown@emms.org.

ANNUAL FUNDING REQUIREMENTS

Gardening and Exercise Workshops	£6,100
Community Lunch Club	£24,400
The Living Room: Dementia Café	£14,640
The Singing Group	£6,100

Picture: The Living Room community activity.

HEALTH EMERGENCY RESPONSE



On March 23, 2024, Malawi's President Lazarus Chakwera declared a State of Disaster in 23 out of Malawi's 28 districts due to severe El Niño conditions. This crisis has affected two million farming households and nearly half of the national crop area, leading to widespread hunger.

Picture: Palliative care patients and their families in Malawi receive maize during the country's food crisis.

RELIEVING HUNGER IN MALAWI

The situation is particularly dire for palliative care patients in Malawi, who now face the dual challenges of terminal illness and severe food insecurity.

As Malawi grapples with natural disasters, economic instability, and the impacts of global conflict, these vulnerable families are on the brink of despair. Often the first to be overlooked, their families become isolated from emergency aid systems.

EMMS International, with the support of our palliative care partner in Malawi, is committed to relieving hunger by providing essential food supplies to those in greatest need.

For further information or to get involved, contact: Laura Brown, Director of Development and Communications on 0131 313 3828 or laura.brown@emms.org.

DISTRICT (AND ORDER OF PRIORITY)	NO. FAMILIES (6 PEOPLE PER FAMILY)	COST
Balaka - 1	146	£19,615
Chikwawa - 2	70	£9,404
Nsanje - 3	51	£6,852
Thyolo - 4	20	£2,687
Machinga - 5	30	£4,030
Chiradzulu - 6	40	£5,374
Mwanza - 7	30	£4,030
Mchinji - 8	20	£2,687
Kasungu - 9	50	£6,717
Machinga - 10	55	£7,389
Thyolo - 11	75	£10,076
Mangochi - 12	50	£6,717
Ntcheu - 13	83	£11,151
Lilongwe - 14	113	£15,181
Dowa - 15	140	£18,809
Nkhotakota - 16	160	£21,495
Phalombe - 17	167	£22,436
Karonga - 18	179	£24,048
Mulanje - 19	200	£26,869
Dedza - 20	448	£60,187
Salima - 21	654	£87,863
	2781	£373,618

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